

## WELCOME ADDRESS

Dear Colleagues,

With the ageing of populations, it becomes obvious that within healthcare the geriatric approaches originating from the perspective of care for older patient rather than specific disease should be gaining on importance. On the other hand, in most settings, it is the primary care practitioner who is responsible for the daily care of the ageing patients. Therefore, we need the comprehensive approaches unifying geriatric knowledge with the daily practicalities of healthcare.

In this context, the COST Action 21122 (PRoMoting GeRIatric Medicine in countries where it is still eMergING) (<https://cost-programming.eu>) stands out as a guiding force, with the mission to shape the content of educational and training programs in Geriatric Medicine for healthcare professionals in diverse clinical environments, particularly in countries where the field is still developing. To meet these objectives, the project takes into account the needs and resources of stakeholders, the flexibility required for local adaptation, and the practical feasibility of implementing models of care in Geriatric Medicine.

To this end we would like cordially to invite you to Krakow, for the semi-annual conference in the framework of COST Action 21122 PROGRAMMING titled "**Optimal care models for older adults: bridging community care and Geriatric Medicine**".

The leading theme of the conference will be the WHO's ICOPE as a template for comprehensive care for older adults at the crossroad between general practice and geriatrics. We believe that through the invited lectures, workshops and round table discussions, but first and foremost through the interaction between the attendees and the faculty the conference will help building the factual knowledge and the attitude that the participants would then carry to their communities and places where they practice medicine.

The conference will be held on January 23 and 24, 2025 at the at the Uniwersytet Jagielloński Collegium Medicum, ul. Św. Anny 12, 31-008 Krakow, Poland (geolocation: 50.06225102719609, 19.933997006981286).

The conference venue is located within historical premises that unfortunately have not been adapted to the needs of persons with disabilities.

Krakow is within an easy reach by plane (1-2h30min flight from most European airports), train (direct trains from Vienna, Prague, Berlin, Budapest) and car, and accommodation is easy to arrange.

We hope to be seeing you in Krakow in January 2025

*Karolina Piotrowicz  
Jerzy Gąsowski*

*Marina Kotsani*

*On behalf of the Local Organizing Committee*

*On behalf of PROGRAMMING CA*

## INFORMATION

The event will take place at the Uniwersytet Jagielloński Collegium Medicum, ul. Św. Anny 12, 31-008 Krakow, Poland on January 23 and 24, 2025. Official language is English.

### **STREAMING**

**Sessions will be streamed on zoom at the following link:**

[https://us06web.zoom.us/meeting/register/tZ0rdO-hqTljEtKG6gQE-o9mYZC3v\\_BbquEm](https://us06web.zoom.us/meeting/register/tZ0rdO-hqTljEtKG6gQE-o9mYZC3v_BbquEm)

Chat function will be available for comments and questions.

**The times of sessions in the program are Central European Time (CET). Please adapt to your local time zone.**

### **REGISTRATION**

Registration for the event is free for both onsite and online participation.

Even though showing up to the publicly open sessions is possible, pre-registration is strongly recommended, whether you intend to participate online or onsite, by sending your name (spelled in English) and email to [secretariat@eugms.org](mailto:secretariat@eugms.org). Following this you will receive the **formal invitation via the e-COST platform that we kindly ask you to accept** by clicking to the right link, in order to officialize your participation to the event.

### **VIDEO RECORDINGS**

Most of the event's sessions, will be videorecorded and videos will be accessible on the website and social media of the PROGRAMMING COST Action <https://cost-programming.eu/> and of the EuGMS <https://www.eugms.org>. Acceptance of the e-COST invitation implies consent for recording and appropriate dissemination.

## Scientific Committee

in alphabetical order

Benetos, Athanase  
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Grodzicki, Tomasz  
Gryglewska, Barbara  
Kotsani, Marina  
Kupis, Robert  
Petrovic, Mirko  
Piotrowicz, Karolina  
Wojszel, Zyta Beata

## Organizing Committee

in alphabetical order

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Kotsani, Marina  
Kupis, Robert  
Lesz-Przybył, Helena  
Perera, Ian  
Piotrowicz, Karolina  
Rudzińska, Anna  
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PROGRAMMING COST Action 21122 event

In collaboration with the **Department of Internal Medicine and Gerontology Jagiellonian University Medical College and the Polish College of Geriatricians**

23-24 January 2025  
Uniwersytet Jagielloński Collegium Medicum, ul. Św. Anny 12  
Krakow, Poland

**Optimal care models for older adults: bridging community care  
and Geriatric Medicine**

Day 1 Thursday 23/01/25 - Morning

FOCUS GROUPS – upon invitation\* (Zodiac Room – level -1)

Focus Groups on **Educational needs of healthcare professionals in Geriatric Medicine and care provision**

08:30- 10:30AM: FOCUS GROUP 1: Educational needs in community care –Zodiac Room  
*Moderators (Poland): Helena Lesz-Przybył, Agnieszka Kasiukiewicz*

11:00- 13:00AM: FOCUS GROUP 2: Educational needs of residents and early-career "organ specialists" –Zodiac Room  
*Moderators (Poland): Robert Kupis, Magdalena Małek*

\*Participation in the focus groups' session is limited to 12 persons and is only possible upon specific invitation by the organizing committee (Zodiac Room level -1).

Day 1 Thursday 23/01/25 - Afternoon

**MAIN PROGRAM (OPEN TO ALL)**

Uniwersytet Jagielloński Collegium Medicum  
ul. Św. Anny 12, Krakow, Poland  
Nowodworski Auditorium (level +1)

15:30-16:00: **Registration**

16:00-16:15: **Opening**

Karolina Piotrowicz and Jerzy Gąsowski (Poland), Marina Kotsani (Greece)

### **Session A: Keynote session: Perioperative care for older adults**

*Chairs:* Anne Ekdahl (Sweden), Jerzy Gąsowski (Poland)

16:15-16:45: **Keynote lecture: In search for the model of perioperative care for older adults**

*Speaker:* Jugdeep Dhese (United Kingdom)

16:45-17:00: **The case of Poland: ED as an acute gateway to the operating theatre**

*Speaker:* Ian Perera (Poland)

17:00-17:10: **Discussion**

17:10-17:30: *Coffee break*

### **Session B: Geriatric Giants - a real-life issue in community care**

*Chairs:* Gülistan Bahat (Türkiye), Tomasz Grodzicki (Poland)

17:30-17:50: **How Geriatrics can aid community care for cognitive impairment or depression**

*Speaker:* Michael Vassallo (UK)

17:50-18:00: **Challenges in everyday practice– the examples from Poland**

*Speaker:* Beata Wojszel (Poland)

18:00-18:20: **How Geriatrics can aid community care for sensory impairment**

*Speaker:* Dorota Religa (Sweden)

18:20-18:30: **Challenges in everyday practice–the examples from Poland**

*Speaker:* Tomasz Grodzicki (Poland)

18:30-18:50: **How Geriatrics can aid community care for mobility impairment and malnutrition**

*Speaker:* Nathalie van der Velde (the Netherlands)

18:50-19:00: **Challenges in everyday practice– the examples from Poland**

*Speaker:* Tomasz Kostka (Poland)

19:00-19:30: **Discussion**

19:30-19:45: **Geriatric-literacy course for older adults (PROGRAMMING 21122 CA)**

Speaker: Sofia Duque (Portugal)

*Chairs:* Marina Kotsani (Greece), Karolina Piotrowicz (Poland); with the presence of patients' representative.

Day 2 Friday 24/01/25 - Morning

VISIT OF LOCAL STRUCTURES/  
WHO Workshop (Nowodworski Auditorium level +1)

9:00-13:00: **Visit to a Long-Term Care facility\***

*Chairs:* Katarzyna Szczerbińska, Dariusz Kubicz (Poland)

**\*Participation in the visit and workshop is only possible upon specific invitation by the organizing committee**

9:00-13:00: **WHO Workshop - Improving care for older persons through the ICOPE model**

Speaker: Matteo Cesari (WHO),

*Chairs:* Sofia Duque (Portugal)

*Session open to all*

13:00-14:30: *Midday Break*

Day 2 Friday 24/01/25 - Afternoon

MAIN PROGRAM (OPEN TO ALL)  
Uniwersytet Jagielloński Collegium Medicum  
ul. Św. Anny 12, Krakow, Poland  
(Nowodworski Auditorium level +1)

**Session C: Geriatric Models across Europe - sharing the experience**

*Chairs:* Sofia Duque (Portugal), Barbara Gryglewska (Poland)

14:30-14:45: **What can we learn from the UK? The British model of care for older adults - ED as a case study**

Speaker: Finbarr Martin (UK)

14:45-15:00: **Progress and perspectives in Geriatrics in Croatia**

Speaker: Nenad Bogdanovic (Sweden)

15:00-15:15: **Progress and perspectives in Geriatrics in Türkiye**

Speaker: Gülistan Bahat (Türkiye)

15:15-15:30: **What can we learn from France? The role of frailty assessment for chronic disease care**

Speaker: Athanase Benetos (France)

15:30-15:45: **Progress and perspectives of Geriatrics in Poland**

Speaker: Tomasz Targowski (Poland)

15:45-16:00: **Discussion**

## **Session D: Keynote session – European Commission perspective**

*Chairs:* Athanase Benetos (France), Małgorzata Sobieszczkańska (Poland)

16:00-16:30: **Keynote lecture: Health systems challenges in ageing Europe - policymakers' perspective**

Speaker: Andrzej Ryś (European Commission)

16:30-17:00: *Coffee break*

17:00-19:00PM: Stakeholder's and policymakers' roundtable discussion – open event

**Debate: The perspectives of healthcare for older adults: the crossroad between community care and Geriatric Medicine**

*Chair:* Jerzy Gąsowski (Poland)

19:00-19:10: **Closing remarks**

*Chairs:* Karolina Piotrowicz and Jerzy Gąsowski (Poland), Mirko Petrovic (Belgium)

## PROGRAMMING COST Action 21122

*“PRomoting GeRiAtric Medicine in countries where it is still eMergING”*

-Internal Meetings-

Thursday 23/01/25 (Senacka Room – level +1)

08:30 - 10:30	WG1 Results presentation to the Core Group
10:30 - 11:00	Coffee break
11:00- 13:00	Plenary session: planning of Grand Period 3 workflow and inter-WGs collaboration
13:00- 14:00	Review Committee

To discover more about the Action and our Working Groups please visit: <https://cost-programming.eu/>



## Participants' affiliations (alphabetical order)

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**Honorary patronage: The Mayor of the City of Krakow Aleksander Miszalski**



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